From our Principal

Expressing gratitude is a behaviour we in-still in our students. This year, our students will be participating in the Growing with Gratitude program which involves ten modules, conducted in our Together we can Be timetable, conducted every three weeks.

The Growing with Gratitude program encourages children to:
- Be more resilient, relaxed, less envious, and to experience more good feelings during their lives
- Experience better friendships, improved relationships and more kindness.
- Be more optimistic, less self centred and materialistic, and increased self esteem
- Have increased energy, improved sleep, more likely to exercise and less sick
- Experience better academic achievement, improved decision making, increased productivity and better management skills

If gratitude is at one end of the spectrum, ‘entitlement’ is somewhere near the other. Rather than reflecting and giving thanks for what is thrown our way, we can be guilty of having a sense of entitlement. This can undermine the inspiration that gratitude brings.

The best way we can express gratitude is to say ‘Thank you.’ Expressing our gratitude to those who help us and our community releases a peculiar form of love that inspires others to do the same. Expressing our gratitude fosters joy both in our community and within us.
What we see in our school is the phenomenon of different people introducing their different talents in differing situations. When this happens strong bonds of community are made. And this runs very deep. This is the way God has made us: to be a community sharing and receiving from each other.

Last Friday, I had a parent go out of their way to provide words of thanks regarding our coding and robotics initiatives at school. Yesterday, a parent spoke of a regret to leave our school, as her husband has received a work transfer in Burnie. She gave thanks for the experience that her children are continuing to receive. Another family emailed me in January and expressed their gratitude as well as regret that they had to leave the community: *We truly believe St Peter Chanel is by far the best/most rewarding school we have ever attended and we are very lucky to have been a part of your school and community. Thank you goes to you, Gregg, and your excellent staff at St Peter Chanel for the wonderful memories we have.*

These messages inspire and encourage us to do more and more in our service to each other as we strive to bring the Gospel to the world in which we live. It also reminds us that we have the same opportunity to express our thanks for the opportunity we have to work with families in arguably the most important profession in the country - education!

We are inspired by what lies ahead in 2017. Best wishes for a great year.

Gregg Sharman
Principal

**Grade Six Leadership Camp**

Yesterday, our Grade Six class departed for their overnight Leadership Camp at Camp Clayton. This camp provides our students with a strong foundation for their final year of primary school.

First stop was at Burnie Park where students ate their recess. The bus then continued on to Camp Clayton where students spent the night. Students got to enjoy the trampolines, giant swing and time by the campfire.
Welcome Barbeque
This Friday evening, from 5pm - 7pm, we are hosting our annual Welcome Barbecue. Order forms for the evening have been sent home with the eldest in the family. Please return your form by Thursday and make your payment to the office before the night.

Whole School Welcome Mass
Our first Whole School Mass for the year will be held this Thursday, 16th of February at 9am. All members of the community are welcome to attend the service.

First Assembly for the Year
Our first assembly for the year will be held on Thursday 2nd March at 1:45 pm.

Learn to Swim
This year our Learn to Swim program will be held over four weeks for all students. Early Years swimming lessons will run from Monday 5th June to Monday 3rd July. Primary lessons will run from Monday 30th October to Friday 24th November. Parents will receive more information in due course. From a statewide perspective, many schools do not offer learn to swim lessons. Our school is committed to providing these opportunities, regardless of the barriers faced without a local pool.

Building Works
The tender period for the building works ends next Wednesday. From this point, we will look to provide more information around building time-frames and processes.

Goal Setting Sessions
Goal Setting Sessions for 2017 are being held on Tuesday 28 February. An enrolment process for these evenings will be communicated by skoolbag, Facebook and email. It has been noted that many parents are checking in with teachers informally at school. This can only assist staff building on information already collected through transition.

Safety Update
The school has an asbestos register that lists all known asbestos containing material on-site. This includes a process for a competent person to regularly check this material is in the expected condition. As a proactive step we affix labels to these materials, to lessen the potential for inappropriate contact by trades people, etc. If any queries contact our Safety Officer Simon Natoli on 0400 105 476.

Parents and Friends Nomination Forms
Nomination forms for this years Parents and Friends committee are available from front office. This is a great opportunity for people to become involved in the school community. Positions that are available include, President, Vice President, Treasurer and Member of Committee. If you would like any more information please contact the office.
What is Happening around our School

All classes have been extremely busy getting to know each other, setting up their classrooms and working together to create ‘Class Charters’.

These charters describe how students want to feel in their classroom, and the actions they are all going to take so that everyone feels welcome.

Kinder Exploring their home corner

Prep students hearing about each others holidays

Emily, Luca and Alexander, from Grade Two, organising their books and classroom

Zarah and Levi, from Grade One, working together on their maths puzzles
Staff Commissioning Mass
On Sunday 26th of February, our Staff Commissioning Mass will be held from 10:30am. Everyone is welcome.

Sacramental Program
A reminder to all students who have not yet returned their forms, if you are wanting to participate in the Sacramental Program please return your forms by Friday.

Fresh Food Market
This Thursday afternoon SPC students will be selling fresh produce from the garden in the school canteen from 2:30pm. All of the produce will be harvested and sold by the students. Please bring along your money.

Breakfast Club
Breakfast Club is seeking volunteers to run the program again every morning. We require assistance with breakfast set up, serving of food and pack up. Time is from 8:10am - 9:00am.

The Breakfast Club is a valuable asset to our school, providing not only a nutritious breakfast but also an opportunity for experiencing a working environment requiring organisation, team work and initiative. It is also a great place for social interaction.

Please contact Donna or the office if you can assist in any way.

Pastoral Care and Wellbeing
We are excited what this year has in store for our school community in regards to social and emotional wellbeing. We are going to be extending further with mindfulness and growth, gratitude and kindness, identity and positive reflection, belonging and making confident choices. Your children are our number one focus and we are all partners in providing, promoting and supporting student mental health and wellbeing.

Please contact Donna at anytime if you have any concerns about your children here at school or at home.

Wellbeing influences learning and learning contributes to wellbeing.
Welcome to our new Staff Members and Father Alex

Father Alex

Miss Genevieve Turnbull - Grade 3 Teacher

Mrs Melanie Watts - Grade 1 Teacher
## Calendar of Events - February/March

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<th>Date</th>
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<td>15</td>
<td>Whole School Mass 9am</td>
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<td>16</td>
<td>Welcome BBQ 5pm - 7pm</td>
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<td>PIPS Testing - week long</td>
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<td>Learning treasures</td>
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<td>Grade Six Speeches</td>
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<td>PLaCE - Grade Six small group</td>
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<td>Call for board nominations</td>
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<td>Assembly @ 1:45 pm</td>
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<td>PLaCE - Grade Six small group</td>
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<td>Fire Education Week</td>
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<td>School Photo Day</td>
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<td>10</td>
<td>PLaCE - whole class Grade Six</td>
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## Term Dates for 2017
- **Term One** - 9th February to 13th April
- **Term Two** - 1st May to 7th July
- **Term Three** - 24th July to 29th October
- **Term Four** - 16th October to 21st December
Back to school asthma checklist

1. ASTHMA ACTION PLAN
   See a doctor for a signed Asthma Action Plan or Care Plan. Schools require an up-to-date plan for each student with asthma at the start of the new school year.
   Evidence tells us that using an Asthma Action Plan can help to reduce hospitalisations, improve lung function and reduce the number of days off school.
   While with the doctor, why not combine this with a check-up for your child’s asthma, including a check on their device technique.

2. RELIEVER MEDICATION
   Check with the school about their medication policy and work with the staff to find the best way to manage your child’s asthma medication, including before physical activity (where applicable).
   - Medication and devices are clearly labelled with your child’s name
   - Medication is in date and with sufficient medication remaining

3. TALK TO SCHOOL STAFF
   Make time to talk with the class teacher and the school nurse (where applicable) about your child’s asthma, their Asthma Action Plan and their usual triggers, symptoms and medication.
   Also talk to your child’s sport coaches and supervisors of other school activities. Don’t forget to keep staff up-to-date with any change to your child’s asthma management.
   **Use this valuable time to:**
   - Go over your child’s Asthma Action Plan
   - Discuss your child’s signs of asthma
   - Show them your child’s asthma medication and demonstrate how to use it
   - Talk about the extent to which your child can self-manage their asthma
   - Provide details of how to contact you when:
     - They have asthma symptoms
     - They use a reliever medication at school

LEARN MORE ABOUT ASTHMA.
Contact your local Asthma Foundation 1800 ASTHMA Helpline (1800 278 462) or visit www.asthmaaustralia.org.au
Local Boys and Girls Basketball Roster

Hoping to start Monday 27th February
Depending on numbers & venue availability

Rosters will include:
U18 Born 2000-2001

Must have names by the **Friday 17th February 2017**

Please text Lea Burr on 0427 565 157 with the following:
- Child's name
- Age group.

Cost:    U10- U12 = $75.42
         U14 – U18 = $100.42
         Additional $50 for Intertown players

**Break up of cost:**  BTAS U14 –U18 $55
                      BTAS U10-U12 $30
                      NWBU $10.42
                      LOCAL JNR ROSTER $35
                      SAINTS INTERTOWN TRAINING FEE $50

All previous and new players are welcome.
All Intertown players are required to play in roster.
TUNING INTO KIDS 2017

A parenting program that aims to assist you in developing your child’s emotional intelligence. Tuning into Kids is a 4 week program that will teach you about how you, as a parent, can help your child learn to understand and regulate their emotions.

Where: SPC
When: 28/3/17
Time: 9am - 11am

Skills Gained:

- Awareness and regulation of your own emotions
- Awareness of your children's emotions
- Skills in assisting children to verbally label and manage their emotions
- Skills in assisting children in problem solving

Contact Donna Porteus for further Details.
Mobile: 0418 141 320